

# Tricia Zweier

Educator, Choreographer, Performer, Author

[triciazweier.com](http://triciazweier.com)

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## Education

- 2007-2010      **The University of North Carolina – Greensboro**, Department of Dance  
Master of Fine Arts, Concentration in Choreography  
Dissertation Title: *Boundaries: A literal and imaginative exploration of limitations*
- 2006, 2011      **The University of North Carolina – Greensboro**, Department of Kinesiology  
Master of Science, Kinesiology, Concentration in Motor Behavior  
Dissertation Title: *Implementation and assessment of a dance kinesiology course for dancers at the collegiate level*
- 1998-2002      **Stockton University**, School of Natural Sciences and Mathematics  
Bachelor of Science, Biology. Minor, Dance

## Employment History

- 2011-present      **Lindenwood University**, St. Charles, Missouri  
Associate Professor, Dance Program (Dance Program Coordinator since 2021)  
Programs Offered: BA and BFA in Dance  
Teaching Responsibilities: All levels of Contemporary and Jazz, Dance Anatomy/Kinesiology, All levels of Dance History, Dance Ensemble, Dance & Technology
- 2010-2011      **The University of North Carolina – Greensboro**, Greensboro, North Carolina  
Adjunct Professor, Department of Dance  
Programs Offered: BA, BFA, MA, and MFA in Dance  
Teaching Responsibilities: Dance Appreciation
- 2010      **Wake Forest University**, Winston Salem, North Carolina  
Adjunct Professor, Department of Dance  
Programs Offered: BA in Dance  
Teaching Responsibilities: Dance History
- 2006-2011      **The University of North Carolina – Greensboro**, Greensboro, North Carolina  
Graduate Teaching Assistant, Department of Dance & Department of Kinesiology  
Programs Offered: BA and BFA in Dance, BS, MS, PhD in Kinesiology  
Teaching Responsibilities: Dance History, Dance Appreciation, Movement as a Medium, Conditioning, Exercise Instruction, Techniques of Exercise Fitness Testing
- 2002-2007      **Carnival Cruise Lines**, International Tours  
Lead Dancer & Dance Captain  
Responsibilities: Ballroom Dance Teacher, Rehearsal Director

## Publications

Zweier, T. 2023. [\*The Dance Anatomy Coloring Book\*](#). New York, NY, Get Creative 6, June 6, 2023.

Zweier, T. 2022. Where anatomy and creativity meet: The Dance Anatomy Coloring Book, an educational resource. *Proceedings of the 32<sup>nd</sup> Annual Meeting of The International Association for Dance Medicine and Science*. Limerick, Ireland: IADMS.

Zweier, T. 2017. Embracing the dance team: An anecdotal message from a program trying to thrive. *Proceedings of The National Dance Education Organization 19<sup>th</sup> Annual Conference*. San Antonio, TX: NDEO.

Zweier, T. 2017. Implementing aerobic conditioning exercises into dance kinesiology curriculum: three games for a university dance program. In R. Soloman and J. Soloman (Eds). *Proceedings of the 27<sup>th</sup> Annual Meeting of The International Association for Dance Medicine and Science*. Houston, TX: IADMS.

Zweier, T. 2013. 'Tracing' the body to promote effective movement patterns in dancers. In R. Soloman and J. Soloman (Eds). *Proceedings of the 23<sup>rd</sup> Annual Meeting of The International Association for Dance Medicine and Science*. Seattle, WA: IADMS.

## Presentations

Zweier, T. 2023. *How to move The Dance Anatomy Coloring Book*. Proceedings of The Missouri Dance Organization Annual Conference. Columbia, MO: MDO.

Zweier, T. 2022. *Where anatomy and creativity meet: The Dance Anatomy Coloring Book, an educational resource*. Proceedings of the 32<sup>nd</sup> Annual Meeting of The International Association for Dance Medicine and Science. Limerick, Ireland: IADMS.

Hausman, L., Hyche III, D., Zweier, T. 2021. *A dance movement program for people with MS: An impact synopsis*. Proceedings of The National Dance Education Organization Virtual Professional Development Day. Virtual: NDEO.

Duffy, A., Durham DeCesaro, G., Harvey, M., Johnson, E., McClam, N., Ozust, K., Zweier, T. 2020. *Academic Dance and Motherhood: Complexities, Conflicts, and Compromises*. Proceedings of The National Dance Education Organization 22<sup>nd</sup> Annual Conference. Virtual: NDEO.

Zweier, T. Ozust, K. 2019. *Creative Non-Fiction Choreography; Two artists' approaches to making work*. Proceedings of The National Dance Education Organization 21<sup>st</sup> Annual Conference. Miami, FL: NDEO.

Zweier, T. 2019. *A lesson plan for analyzing technique using video capture*. Proceedings of The Missouri Dance Organization Conference. Columbia, MO: MDO.

Zweier, T. 2017. *Embracing the dance team: An anecdotal message from a program trying to thrive*. Proceedings of The National Dance Education Organization 19<sup>th</sup> Annual Conference. San Antonio, TX: NDEO.

Zweier, T. 2017. *Implementing aerobic conditioning exercises into dance kinesiology curriculum: three games for a university dance program*. In R. Soloman and J. Soloman (Eds). Proceedings of the 27<sup>th</sup> Annual Meeting of The International Association for Dance Medicine and Science. Houston, TX: IADMS.

Zweier, T. 2016. *Assessing the usefulness of kinesiology: The student perspective*. Proceedings of The Dance Science and Somatics Educators. Salt Lake City, UT: DSSE.

Zweier, T. 2014. *Using technology to promote effective teaching*. Proceedings of The Dance Kinesiology Teachers Group. St. Charles, MO: DKT.

Zweier, T. 2013. 'Tracing' the body to promote effective movement patterns in dancers. In R. Soloman and J. Soloman (Eds). Proceedings of the 23<sup>rd</sup> Annual Meeting of The International Association for Dance Medicine and Science. Seattle, WA: IADMS.

Zweier, T. 2013. *How has technology been used successfully in teaching dance kinesiology?* Proceedings of The Dance Kinesiology Teachers Group. Salt Lake City, UT: DKT.

## Master Classes, Guest Lectures, Workshops

- 2023  
*Jazz in Heels!* **American College Dance Association**, Edmond, Oklahoma  
*Stealth.* **American College Dance Association**, Edmond, Oklahoma
- 2022  
*Jazz in Heels!* **American College Dance Association**, Milwaukee, Wisconsin  
*Stealth.* **American College Dance Association**, Milwaukee, Wisconsin
- 2021  
*Yoga for Dancers.* **Leverage Dance Theater**. St. Louis, Missouri  
*Modern Dance.* **Modern American Dance Company**. St. Louis, Missouri
- 2019  
*Cunningham-Inspired technique.* **Consuming Kinetics Dance Company**, St. Louis, Missouri  
*Jazz in Heels!* **American College Dance Association**, Springfield, Ohio  
*Stealth.* **American College Dance Association**, Springfield, Ohio
- 2018  
*Jazz in Heels!* **American College Dance Association**, Madison, Wisconsin
- 2017  
*Advanced Modern Dance.* **Rokita Dance Center**, St. Peters, Missouri  
*Intermediate Modern Dance.* **Rokita Dance Center**, St. Peters, Missouri  
*Jazz in Heels!* **American College Dance Association**, Wichita, Kansas
- 2016  
*Advanced Modern Dance.* **Dance, Inc.**, Ellisville, Missouri  
*Stealth.* **Webster University**, Webster Groves, Missouri  
*Jazz in Heels!* **American College Dance Association**, Anderson, Indiana  
*Stealth.* **American College Dance Association**, Anderson, Indiana
- 2014  
*Advanced Modern Dance.* **The College of Lake County**, Grayslake, Illinois  
*Stealth.* **American College Dance Association**, Chicago, Illinois  
*Jazz.* **American College Dance Association**, Chicago, Illinois
- 2012  
*Improvisation Workshop.* **The Center for Contemporary Dance**, Orlando, Florida  
*Intermediate/Advanced Jazz.* **American College Dance Association**, Springfield, Missouri  
*Intermediate/Advanced Modern.* **American College Dance Association**, Springfield, Missouri  
*Intermediate Modern.* **Cara Ashley School of Dance**, Hammonton, New Jersey
- 2010  
*Jazz Dance.* **The Dance Project at City Arts**, Greensboro, North Carolina  
*Contemporary Dance.* **The Dance Project at City Arts**, Greensboro, North Carolina

## Choreographic Works

- 2023  
*Dead Man's Party* - 7 dancers, Six Flags St. Louis Fright Fest, MO
- 2022  
*phedegun, Finnegan, fitting in* - 8 dancers, The American College Dance Association Adjudicated Concert, OK  
*hurry up, and wait* - 8 dancers, Lindenwood University, MO  
*Fractalia* – 10 dancers, Lindenwood University Percussion Ensemble Concert, MO  
*phedegun, Finnegan, fitting in* - 8 dancers, Lindenwood University, MO  
*hurry up, and wait* - 8 dancers, The Detroit Dance City Festival College Showcase, MI

2021 *Dead Man's Party* - 7 dancers, Six Flags St. Louis Fright Fest, MO  
*Before the Nuremberg Code (an excerpt from "Civilians")* - 8 dancers, Lindenwood University, MO  
*the impulsive body* - 10 dancers, Lindenwood University, MO  
*Before the Nuremberg Code (an excerpt from "Civilians")* - 8 dancers, The Big Muddy Dance Festival Showcase, MO

2020 *Dead Man's Party* - 7 dancers, Six Flags St. Louis Fright Fest, MO

2019 *implicit* - thirteen dancers, The Big Muddy Dance Festival Showcase, MO  
*implicit* - thirteen dancers, Lindenwood University, MO  
*Return* - four dancers, Missouri Dance Organization Choreography Showcase, Columbia, MO  
*Return* - five dancers, Lindenwood University, MO  
*Shifting Perspectives* - fifteen dancers, Lindenwood University, MO

2018 *Orange, New Jersey (1917)* - nine dancers, The Detroit Dance City Festival Choreographers Showcase, MI  
*Honor the loss* - solo, Lindenwood University, MO  
*Moore meets Brown* - fifteen dancers, Lindenwood University, MO  
*Orange, New Jersey (1917)* - thirteen dancers, The American College Dance Association Gala Concert, WI

2017 [Orange, New Jersey \(1917\)](#) - thirteen dancers, Lindenwood University, MO  
*Stevland* - thirteen dancers, Lindenwood University, MO  
*Quadrant* - four dancers, Lindenwood University, MO  
[When togetherness won't combine](#) - five dancers, Boston Contemporary Dance Festival, MA  
*It has been 13,486 days* - seven dancers, Leverage Dance Theater, MO

2016 *For the strings* - eight dancers, [Modern American Dance Company](#), MO  
*flutter, flow, form* - eleven dancers, Grand DanceFest, MO

2015 [Civilians](#) - sixteen dancers, Lindenwood University, MO  
*It's not my place* - five dancers, [The College of Lake County Dance Ensemble](#), IL

2014 *Be Italian* - eighteen dancers, Lindenwood University, MO  
*The Essence of Us* - twelve dancers, Lindenwood University, MO  
[Malagueña](#) - thirteen dancers, Lindenwood University, MO

2013 *If looks could kill, I'm expecting your glance* - three dancers, Flatlands Dance Theatre, TX

2012 [Magnificent Disparities](#) - ten dancers, Lindenwood University, MO

2012 *Structured Improvisation* – nine dancers, [The Center for Contemporary Dance Pre-professional](#), FL

2011 *Steun* - six dancers, Lindenwood University, MO

2010 *It's all in your head* - four dancers, The University of North Carolina - Greensboro, NC  
*Precious memories, Unfortunate departure* - seven dancers, UNC-Greensboro, NC

2009 *Cons\_derate Apprehens\_on* - six dancers, The University of North Carolina - Greensboro, NC

2008 *2500 yards of mercerized cotton* - five dancers, The University of North Carolina - Greensboro, NC  
*Catch me as you fall* - ten dancers, The University of North Carolina - Greensboro, NC

## Performance Experience

- 2018 *Resilient.* Intersect Arts Center. [Leverage Dance Theater](#). St. Louis, Missouri  
Choreography by Diana Barios, Jenny Battenberg, Roger Vance Baldwin
- Mid Point.* Intersect Arts Center. Leverage Dance Theater. St. Louis, Missouri  
Choreography by Diana Barios
- 2016 *Leverage in Concert.* Cottey College. Leverage Dance Theater. Nevada, Missouri  
Choreography by Keli Hermes
- 2015 *Green Show.* Shakespeare Festival St. Louis. Leverage Dance Theater. St. Louis, Missouri  
Choreography by Diana Barios
- Stellar.* St. Louis Spring to Dance Festival. Leverage Dance Theater. St. Louis, Missouri  
Choreography by Adriana Durant
- 2014 *Recurrent Thinking.* St. Louis National Dance Week. Leverage Dance Theater. St. Louis, Missouri  
Choreography by Keli Hermes
- Moments of Inertia.* St. Louis Spring to Dance Festival. Leverage Dance Theater. St. Louis, Missouri  
Choreography by Diana Barios
- Leverage in Concert.* St. Louis Fringe Festival. Leverage Dance Theater. St. Louis, Missouri  
Choreography by Diana Barrios
- 2013 *Elevation.* RAW STL. St. Louis, Missouri  
Choreography by Audrey Simes
- Encounters with the Infinite.* New Dance Horizons II. Leverage Dance Theater. Regional Tour  
Choreography by Nejla Yatkin
- Stuck in Winter.* Shakespear'd: An evening of dance. [Flatlands Dance Theatre](#). Lubbock, Texas  
Choreography by Rachel Ure
- So Long Lives This....* Shakespear'd: An evening of dance. Flatlands Dance Theatre. Lubbock, Texas  
Choreography by Sarah Mondle
- Trace.* Shakespear'd: An evening of dance. Flatlands Dance Theatre. Lubbock, Texas  
Choreography by Ali Duffy
- Seen Unseen.* Leverage Dance Theater. St. Louis, Missouri  
Choreography by Hannah Fisher, Audrey Simes
- 2012 *Perceptions.* An evening of dance. NAO Dance Collective. Orlando, Florida  
Choreography by Linda Eve Elchak
- 2010 *Inlets 2.* Past/Forward. American Dance Festival. Durham, North Carolina  
Choreography by Merce Cunningham. Restaged by Jean Freebury
- Steps in the Street.* An evening of dance. American Dance Festival. Greensboro, North Carolina  
Choreography by Martha Graham. Restaged by Elizabeth Auclair and Duane Cyrus
- 2009 *Would you please restate your answer in the form of a question.* Past/Forward. American Dance Festival. Durham, North Carolina. Choreography by Mark Dendy
- Golden Belt.* Past/Forward. American Dance Festival. Durham, North Carolina  
Choreography by Mark Dendy
- 2008 *decline, rise, remain.* American College Dance Association Gala Concert. Roanoke, Virginia  
Choreography by Erin LaSala

- 2008, cont. *Jocose*. Past/Forward. American Dance Festival. Durham, North Carolina  
Choreography by Hanya Holm. Restaged by Don Redlich
- Le Boeuf sur le Toit or The Nothing-doing Bar*. An evening of dance. Greensboro, North Carolina  
Choreography by Ann Dils
- Navigating love*. American College Dance Association Gala Concert. Baltimore, Maryland  
Choreography by Madeleine Reber
- 2002-2006 *Various Productions*. Carnival Cruise Lines Entertainment Productions. International Tour  
Choreography by Kerry Stables, Mic Anderson
- 2002 *Enough is Too Much*. An evening of Dance. Pomona, New Jersey  
Choreography by Sean Curran
- 1996-2000 *Various Productions*. Atlantic City Ballet Theatre. Absecon, NJ  
Choreography by Phyllis Papa

## Awards, Honors, Grants

- 2021 Shuttered Venue Operators Grant - MADCO. **\$12,975 Supplemental Grant Award**. Primary Author. St. Louis, MO  
Shuttered Venue Operators Grant - MADCO. **\$25,950 Grant Award**. Primary Author. St. Louis, MO
- 2020 Contemporary Dance Choreography Festival. Miami, FL
- 2018 Choreographers Showcase, **The Detroit Dance City Festival**. Detroit, MI  
Gala Concert, **The American College Dance Association**. Madison, WI
- 2017 National Showcase, [The Boston Contemporary Dance Festival](#), Boston, MA
- 2011-2017 Maximum Professional Development, **\$2,000 Travel Grants**. Lindenwood University, MO
- 2011 American Kinesiology Association, **Graduate Scholar Award**, Greensboro, NC
- 2008-2011 Professional Development Fund Award, **Artistic Enhancement**, UNC- Greensboro, NC
- 2010 Thesis Dissertation Fund Award, UNC- Greensboro, NC  
American Dance Festival, **Staff Assistant Scholarship Award**, Durham, NC
- 2009 Excellence in Choreography, **Kristina Larson Fund**, UNC- Greensboro, NC  
American Dance Festival, **Staff Assistant Scholarship Award**, Durham, NC
- 2008 American Dance Festival, **Tuition Scholarship Award**, Durham, NC
- 1998 Governor's School of the Arts, Scholar in Dance, Trenton, NJ

## Professional Development Activities

- 2023 **Missouri Dance Organization – Annual Conference**. Columbia, Missouri  
**American College Dance Association – Central Conference**. Edmond, Oklahoma
- 2022 **American College Dance Association – North-Central Conference**. Milwaukee, Wisconsin
- 2021 **Yoga Teacher Certification (200hr)**. St. Charles, Missouri  
**Progressing Contemporary Technique Certification**. Virtual  
**Dance Science and Somatics Educators Summer Conference Series**. Virtual
- 2020 **Progressing Ballet Technique Certification**. Virtual

2020, cont.	<b>James Wilton Dance Intensive.</b> Virtual
2018	<b>The Dance Science and Somatics Educators Conference.</b> Buffalo, New York
2018	<b>Missouri Dance Educators Conference.</b> St. Louis, Missouri
	<b>American College Dance Association – North-Central Conference.</b> Madison, Wisconsin
2017	<b>Missouri Dance Educators Organization Meeting.</b> St. Louis, Missouri
	<a href="#"><u>The National Dance Education Organization Meeting.</u></a> San Antonio, Texas
	<a href="#"><u>The International Association for Dance Medicine and Science.</u></a> Houston, Texas
	<b>American College Dance Association – Central Conference.</b> Wichita, Kansas
2016	<b>Congress on Research in Dance Annual Conference.</b> Pomona, California
	<b>The Dance Science and Somatics Educators Conference.</b> Salt Lake City, Utah
	<b>American College Dance Association – Central Conference.</b> Anderson, Indiana
2015	<b>The International Association for Dance Medicine and Science.</b> Pittsburgh, Pennsylvania
2014	<a href="#"><u>One Body, One Career Intensive.</u></a> <b>Chunky Move Dance Company.</b> Melbourne, Australia
	<b>The Dance Kinesiology Teachers Group Conference.</b> St. Charles, Missouri
2013	<b>The Congress on Research in Dance. Special Topics Conference.</b> Los Angeles, California
	<b>The International Association for Dance Medicine and Science.</b> Seattle, Washington
	<b>The Dance Kinesiology Teachers Group Conference.</b> Salt Lake City, Utah
	<a href="#"><u>The Dance Professionals Workshop.</u></a> American Dance Festival. Durham, North Carolina
2012	<b>Injury Prevention Workshop.</b> St. Louis, Missouri
	<b>American College Dance Association – Central Conference.</b> Springfield, Missouri
2011	<b>The Congress on Research in Dance. Special Topics Conference.</b> Tallahassee, Florida

## Professional Service

2019-present	<b>Board Member.</b> Modern American Dance Company.
2018-present	<b>Judge.</b> America's National Dance Championships. National Judging Tours.
2013-present	<b>Organizing Committee.</b> <a href="#"><u>The Dance Science and Somatics Educators.</u></a>
2012-present	<b>Peer Respondent.</b> American College Dance Association.
2014	<b>Organizer.</b> The Dance Kinesiology Teachers Group.
2011	<b>Guest Respondent.</b> Texas Tech University.

## University Service

2017 - present	Faculty Representative. <i>SYNERGY, a student organization.</i> Lindenwood University
2015 - present	Board Member. <i>The Institutional Review Board.</i> Lindenwood University.
2016 - present	Committee Member. <i>Faculty Scholarship Advisory Committee.</i> Lindenwood University.
2023	Recruitment. <i>REVEL. The Panel.</i> Orlando, FL.
	Recruitment. <i>National High School Dance Festival.</i> Pittsburgh, PA.

2022 Recruitment. *Chicago National Association of Dance Masters College & Career Fair*. Schaumburg, IL.

2021 Recruitment. *Chicago National Association of Dance Masters College & Career Fair*. Oak Brooke, IL.

2020 Recruitment. *National High School Dance Festival*. Pittsburgh, PA.

2019 Recruitment. *Regional High School Dance Festival*. Madison, WI.

2018 Recruitment. *National High School Dance Festival*. Pittsburgh, PA.

2016 - 2017 Committee Member. *Writing Intensive Taskforce*. Lindenwood University.

2017 Recruitment. *Regional High School Dance Festival*. Madison, WI.

2017 Recruitment Event Organizer. [High School Dance Day](#). Lindenwood University

2016 Recruitment. *National High School Dance Festival*. Pittsburgh, PA.  
 Recruitment Event Organizer. *High School Dance Day*. Lindenwood University

2015 Author. *Academic Booklet*. Lindenwood University  
 Recruitment Event Organizer. *High School Dance Day*. Lindenwood University

2014 - 2015 Committee Member. *Writing Across the Curriculum*. Lindenwood University.

2014 Faculty Mentor. *The Dance Artist Showcase*. Lindenwood University  
 Recruitment Event Organizer. *High School Dance Day*. Lindenwood University

2013 Faculty Mentor. *The Dance Artist Showcase*. Lindenwood University  
 Recruitment Event Organizer. *High School Dance Day*. Lindenwood University

2011 - 2013 Faculty Representative. Dance Alliance, a student organization. Lindenwood University

2012 Recruitment. *National High School Dance Festival*. Philadelphia, PA.  
 Recruitment Event Organizer. *High School Dance Day*. Lindenwood University

2008 - 2010 Faculty Liaison. *Graduate Students in Dance*. UNC - Greensboro

2007 - 2009 Editorial Assistant. *The Dance Research Journal*. UNC – Greensboro

## Rehearsal Directorship

2023 Lindenwood University Guest in Dance: *What to say*. Hot Crowd Dance

2022 Lindenwood University Guest in Dance: *Dasein and Dynamite*. Audrey Johnston

2021 Lindenwood University Guest in Dance: *Falling from a mountain*. Madi Hicks

2020 Lindenwood University Guests in Dance: 28 choreographers - *CONFLUENCE*

2019 Lindenwood University Guest in Dance: *There are Beautiful Days Ahead*. Nick Neagle and Zackery Betty  
 Lindenwood University Guest in Dance: *The Radical Self*. Francesca Baron

2018 Lindenwood University Guest in Dance: *Awaken each one, awaken*. Kate Harpootlian

2016 Lindenwood University Guest in Dance: *Memor*. Joy Davis

2015 Lindenwood University Guest in Dance: *Recurrent Thinking*. Keli Hermes  
 Lindenwood University Guest in Dance: *Yard*. Christina Robson

2014 Lindenwood University Guest in Dance: *Carried Away*. Ali Duffy

2013 Lindenwood University Guest in Dance: *Runaway*. Kile Hotchkiss



## Professional Membership

2016 - present	Missouri Dance Education Organization
2016 - present	The National Dance Education Organization
2013 - present	The Dance Science and Somatics Educators
2010 - present	The International Association for Dance Medicine and Science
2008 - 2013	The Congress on Research in Dance
2006 - 2011	North Carolina Dance Alliance